

# FAMILY DEVOTIONAL GUIDE

March 29, 2026

Our Family Devotional Guide (FDG) is designed to help you walk through biblical truth as a family, utilizing *A Catechism for Boys and Girls*, as published in *Truth & Grace Memory Book*. For each week's FDG, we will provide the **catechism question & answer** as well as the associated **Scripture references**.

To make the most of this guide, we encourage you to:

1. **Read** – Read the catechism **question, answer** and **Scripture references**. This will be a help and benefit to kids, teens, and adults!
2. **Memorize** – Memorize the **catechism question & answer**, as well as the **Fighter Verse**. Recite these together as a family this week.
3. **Discuss** – Utilize the provided discussion questions. Discuss any that apply to this week's question and answer.
4. **Worship** – Sing the "Hymn of the Week" together as a family. Consider purchasing a hymnal. Recommendations include: *The Baptist Hymnal* (2008 ed., Lifeway), *The Trinity Hymnal: Baptist Edition* (Great Commission Publications) and *Hymns of Grace* (Master's Seminary Press).

## This Week's Catechism Q&A - Question #78

### READ & MEMORIZE

**Question:** What is the fourth commandment?

**Answer:** The fourth commandment is, "Remember the Sabbath day to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested the seventh day. Therefore the LORD blessed the Sabbath day, and made it holy."

**Scripture References:** Exodus 20:8-11; 23:12; Deuteronomy 5:12-15

**Fighter Verse:** Philippians 2:12-13

### DISCUSSION QUESTIONS FOR INSTRUCTION

- **Doctrine** – What does this truth teach us about: the Bible, God/the Trinity, Jesus Christ, the Holy Spirit, man, salvation, the church, the end times?
- **Law** – How does this truth relate to the 10 commandments and God's law?
- **Gospel** – How does this truth relate to the gospel of Jesus Christ?

### DISCUSSION QUESTIONS FOR APPLICATION

- **Loving God** – How does this truth help us love God?
- **Loving Neighbor** – How does this truth help us love our neighbor?
- **Obedience & Repentance** – In light of God's truth, examine your own heart. Is there: **sin** to confess, **promise** to claim, **attitude** to change, **command** to obey, or **example** to follow, **error** to avoid, **condition** to meet, **challenge** to face, **truth** to believe, **principle** to apply?

### WORSHIP

**Hymn of the Week** – "He Leadeth Me! O Blessed Thought" by Joseph H. Gilmore