

# FAMILY DEVOTIONAL GUIDE

*January 18, 2026*

Our Family Devotional Guide (FDG) is designed to help you walk through biblical truth as a family, utilizing ***A Catechism for Boys and Girls***, as published in ***Truth & Grace Memory Book***. For each week's FDG, we will provide the **catechism question & answer as well as the associated Scripture references**.

To make the most of this guide, we encourage you to:

1. **Read** – Read the catechism **question, answer and Scripture references**. This will be a help and benefit to kids, teens, and adults!
2. **Memorize** – Memorize the **catechism question & answer**, as well as the **Fighter Verse**. Recite these together as a family this week.
3. **Discuss** – Utilize the provided discussion questions. Discuss any that apply to this week's question and answer.
4. **Worship** – Sing the "Hymn of the Week" together as a family. Consider purchasing a hymnal. Recommendations include: ***The Baptist Hymnal*** (2008 ed., Lifeway), ***The Trinity Hymnal: Baptist Edition*** (Great Commission Publications) and ***Hymns of Grace*** (Master's Seminary Press).

## This Week's Catechism Q&A - Question #68

### READ & MEMORIZE

**Question:** What is the sum of the Ten Commandments?

**Answer:** To love God with all my heart, and my neighbor as myself.

**Scripture References:** Deuteronomy 6:1-15; Matthew 22:35-40; James 2:8

**Fighter Verse:** John 1:12-13

### DISCUSSION QUESTIONS FOR INSTRUCTION

- **Doctrine** – What does this truth teach us about: the Bible, God/the Trinity, Jesus Christ, the Holy Spirit, man, salvation, the church, the end times?
- **Law** – How does this truth relate to the 10 commandments and God's law?
- **Gospel** – How does this truth relate to the gospel of Jesus Christ?

### DISCUSSION QUESTIONS FOR APPLICATION

- **Loving God** – How does this truth help us love God?
- **Loving Neighbor** – How does this truth help us love our neighbor?
- **Obedience & Repentance** – In light of God's truth, examine your own heart. Is there: **sin** to confess, **promise** to claim, **attitude** to change, **command** to obey, or **example** to follow, **error** to avoid, **condition** to meet, **challenge** to face, **truth** to believe, **principle** to apply?

### WORSHIP

**Hymn of the Week** – "Praise, My Soul, the King of Heaven" by Henry F. Lyte